

# Snoring solutions for all

Theravent® Advanced Nightly Snore Therapy is now available in three different strengths. Find out which one is right for you and you'll be on your way to a quieter night of sleep.

- **LITE** – for light snorers. Half the strength of Regular, designed for optimal comfort and snoring reduction.
- **REGULAR** – for regular snorers. Standard strength, designed to balance comfort and snoring reduction.
- **MAX** – for severe snorers. Double Regular strength, designed for more powerful snoring reduction.



  
**theravent**<sup>™</sup>  
ADVANCED NIGHTLY **SNORE THERAPY**

## Benefits of Theravent

- ✓ Advanced snore therapy, no prescription needed
- ✓ Clinically proven to reduce or eliminate snoring
- ✓ Not a machine, drug, mouthpiece, spray or surgery
- ✓ Comfortable, easy-to-use, ideal for travel
- ✓ Works immediately on the first night
- ✓ Quiet night of sleep for bed partners & roommates

AVAILABLE FROM:

**homemed**

[www.homemed.com.au/dr](http://www.homemed.com.au/dr)

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**theravent**<sup>™</sup>  
ADVANCED NIGHTLY **SNORE THERAPY**

A new option for treating  
**SNORING**



**homemed**

WARNING: Do not use if you have a cold, sinus, ear infection or perforated eardrum; severe breathing problems (including emphysema); severe heart problems or very low blood pressure.

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# Theravent – Less Snoring More Sleeping

## Advanced science delivers the quiet night's sleep you've been waiting for

If you've been searching for a solution to snoring, Theravent Advanced Nightly Snore Therapy can offer relief. Theravent is a revolutionary new treatment that uses the power of your own breathing to reduce or eliminate snoring.

## What causes snoring?

Your throat is like a small wind tunnel. In some people, this tunnel partially closes during sleep. This forces the air you breathe to move more quickly through this tunnel and makes the soft tissues of your throat vibrate. That vibration causes the noise we know as snoring.

## Patented microvalve technology uses your breathing to open the airway

Unlike other snoring solutions, Theravent uses the power of your own breathing to create expiratory positive airway pressure (EPAP) to target and treat snoring.

**Here is how it works:** Theravent fits comfortably over your nostrils. As you breathe in, Theravent's patented MicroValve Technology opens, allowing you to breathe in normally. Then, as you breathe out, the MicroValves close to create a gentle pressure that naturally opens your airway and relieves snoring.

In clinical studies, 79% of bed partners reported that Theravent reduced or eliminated their partner's snoring.

## Developed by sleep experts to stop snoring

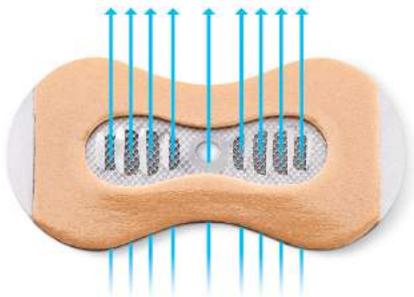
Theravent is not suitable for treating Obstructive Sleep Apnoea. If you suffer from OSA, ask us about Provent Sleep Apnoea Therapy.

## Easy to use & works immediately

Just apply the device before bed and enjoy a quieter night's sleep. No mouthpieces, no machines, no sprays, and no drugs – just a quieter night's sleep. Like any new treatment, Theravent may take some getting used to. Acclimatisation may take about a week. For more information and patient tips, please contact us.

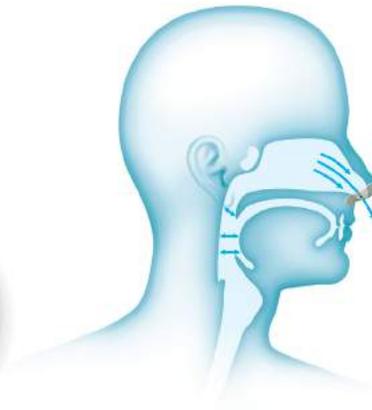
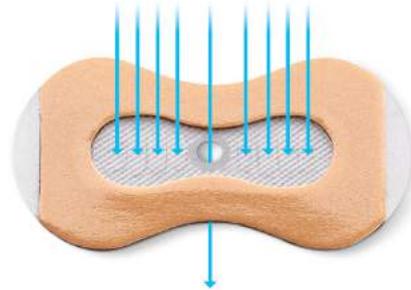
### Inhalation

When you inhale, the MicroValve opens, allowing for nearly unobstructed airflow.



### Exhalation

When you exhale, the MicroValve closes, restricting airflow to create EPAP and maintain pressure in the airway through the start of the next inhalation.



For more information call **1300 76 72 79** or visit [www.homemed.com.au/dr](http://www.homemed.com.au/dr)

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